

OVERALL WINNERS 10 km			
MEN			
Position	Name	Club	Time
1st	Motlalepula Mothosola	Lowmed	00:33:04
2nd	Sibonginosi Maseko	Ngodwana	00:33:05
3rd	Glen Mhlongo	Ngodwana	00:36:00
CATEGORIES			
Junior	Glen Mhlongo	Ngodwana	00:36:00
40+	Elvis Chirwa	SAPS	00:50:24
50+	Pat Brenchley	Run Walk for Life	00:48:21
60+	Trevor Smith	Lowmed	00:55:20
70+			
Walker	Mathale Mojabelo	Irene	01:32:37
LADIES			
Position	Name	Club	Time
1st	Zanele Sehohle	HS Rob Ferreira	00:46:11
2nd	Nontokozi Dlamini	Nedbank	00:47:11
3rd	Sibongile Mlombo	Legogote Villagers	00:50:46
CATEGORIES			
Junior	Zanele Sehohle	HS Rob Ferreira	00:46:11
40+	Sibongile Mlombo	Legogote Villagers	00:50:46
50+	Linda Brenchley	Run Walk for Life	01:00:44
60+	Veronica Doubell	Legogote Villagers	01:07:46
70+	Elza Olivier	Southern Striders	01:33:34
Walker	Elmarie Swanepoel	Run Walk for Life	01:20:43